If studying human behavior and meeting human needs appeals to you, consider a career in Human Services. Our program is designed to prepare students for careers as human services professionals in agencies and institutions. This program includes concentration in mental health, developmental disabilities, alcohol and drug abuse, at-risk youth, and families. No matter what career you choose, this program will enhance your knowledge of those around you and enhance your desire to help others.

Types of jobs available:

- Alcohol/Drug Counselor
- Behavior Intervention Specialist
- Case Manager
- Direct Support Professional
- Life Enrichment Staff
- Mental Health Technician
- Outreach Worker
- Residential Tech
- Teacher’s Assistant
- Therapeutic Mentor
- Tracker
- Youth Service and Family Advocate

“We love having the SCC Human Services students at the People’s City Mission. The practicum students help lead our guests through important life skills classes and support many on a one-on-one level. It is a great place to gain experience working in the human services field. We have hired many students through the SCC Human Services practicum/internships and are always impressed with their knowledge, vision and hearts for the people we serve at People’s City Mission.”

- Kyle Winchell, Community Relations Director

Graduate Earnings

Recent graduates report an average starting wage of $13.55 per hour.
Special Program Requirements:
1. A grade of “C” or higher is required for HMRS classes to graduate from this program.
2. Students must complete a health statement before acceptance into Pre-Practicum HMRS1109. Any cost associated with this will be the student’s expense.
3. A Criminal Background Check will be required of each student in this program. Based on the outcome of the background check, a student may be prevented from taking certain courses, accessing certain practicum experiences, or completing the program. A non-refundable fee of $45 will be assessed for the CBC when the student enrolls in HMRS 1109 Pre-Practicum Education, which is when the CBC is conducted.
4. The CBC includes a child and adult abuse registry check with the State Department of Health and Human Services and the National Sex Offender Public Registry.
5. Students may be requested by practicum sites to submit to and pass drug testing and/or fingerprinting. The student may be responsible for the cost associated with the drug testing and/or fingerprinting.

For students interested in pursuing Alcohol & Drug (A & D) Counseling:
- A minimum of 300 practicum hours with a LADC counselor that include at least 10 hours in each of the 12 core competencies/functions.
- Hours supervised at 1:10 ratio by supervisor.
- Completes HMRS1102, HMRS1357, PSYC2960, HMRS1402, HMRS1403, HMRS2517, and HMRS2518.

Human Services Core Courses:
- Course #
- Course title
- Credit hrs
- HMRS1100 Communication Skills in Human Services 4.5
- HMRS1101 Human Services Concepts 4.5
- HMRS1105 Critical Thinking in Human Services 4.5
- HMRS1320 Multicultural Competency 4.5
- +HMRS1357 Multicultural Counseling 4.5
- +HMRS1402 Group Theory & Process 4.5
- +HMRS1403 Assessment, Case Planning/Management & Professional Ethics for A & D or HMRS1405 Case Management & Ethics for Human Services 4.5
- +PSYC2960 Life-span Human Development 4.5
- PSYC2980 Abnormal Psychology 4.5
- Requires state Alcohol and Drug Counseling licensure.

Human Services Courses:
- Select 4 courses from the following: 18.0 credits
- Course #
- Course title
- Credit hrs
- +HMRS1102 Counseling Theories & Techniques 4.5
- HMRS1202 Behavior Therapy 4.5
- HMRS1302 Crisis Intervention 4.5
- HMRS1355 Stress Management & Self Care & Human Services 4.5
- HMRS1404 Introduction to Social Work 4.5
- HMRS2360 Gender and Society 4.5
- HMRS2361 Domestic Abuse 4.5
- HMRS2362 Child Abuse 4.5
- HMRS2366 Mental Health & Family Dynamics 4.5
- HMRS2503 Intellectual and Developmental Disabilities 4.5
- HMRS2510 Practicum and Seminar 5 4.5
- ++HMRS2511 Practicum A & D and Seminar 3 5.0
- ++HMRS2517 Medical & Psychosocial Aspects of Alcohol/Drug Use, Abuse & Addiction 4.5
- +HMRS2518 Clinical Treatment Issues in Chemical Dependency 4.5
- HMRS2521 Applied Behavior Analysis 4.5
- HMRS2523 Human Sexuality 4.5
- ++HMRS2611 Practicum A & D and Seminar 4 5.0
- LTCA1080 Gerontology 4.5
- 18.0 hours
- ++ Required for students specializing in Alcohol and Drug Counseling licensure.

Electives:
Students are required to complete 9 hours of elective coursework. Students may choose from any of the Human Services Courses not used as part of the 18.0 credits listed above or any other College credit classes level 1000 or higher. 9.0 hours

Estimated Expenses
Nebraska Resident tuition/fee rate is $69.50 per credit hour. Out-of-state tuition/fee rate is $83.50 per credit hour. Graduation fee is $25. Housing is available at Beatrice and Milford campuses only. Tuition, books, and fees are dependent upon classes taken each quarter.

FIRST - SEVENTH QUARTERS
(Average of 13.5 credits per quarter)
- Tuition/Fees $938
- Books 500
- Total $1,438

SECOND QUARTER
- First Aid
- Tuition And Fees $1,493
- Special Fee $1,493
- Total $2,986

THIRD QUARTER
- Special Fee $1,450
- Total $1,450

FOURTH QUARTER
- Special Fee $1,448
- Total $1,448

FIFTH QUARTER
- Special Fee $1,448
- Total $1,448

SIXTH QUARTER
- Special Fee $1,448
- Total $1,448

SEVENTH QUARTER
- Special Fee $1,448
- Total $1,448

EIGHTH QUARTER
- Tuition And Fees $1,286
- Books $300
- Special Fee 10
- Total $1,596
- Total Estimate For Program $11,769

ADDITIONAL RELATED EXPENSES
- Student Health Statement $100-$300
- Criminal Background Check (HMRS1109) $45
- Uniform Fee* (2 Shirts) $30
- **Assessed With Course HMRS1109

ALCOHOL & DRUG CERTIFICATE
- Tuition And Fees $2,502
- Books 900
- Total $3,402

General Education Requirements:
Contact your program advisor to select general education courses from each category which will meet your program’s graduation requirements. See the General Education pages online for a complete list. (One class from each area below).
GELO #1: Oral Communications 4.5
GELO #2: Written Communications 4.5
ENGL1010: English Composition 4.5
GELO #3: Critical Thinking and Problem Solving 4.5
PSYC1810: Introduction to Psychology 4.5
Alcohol & Drug Practicum Courses:
HMRS1109 Pre-Practicum Education 4.5
HMRS1110* Practicum and Seminar 1 4.5
HMRS1210 Practicum and Seminar 2 4.5
HMRS1310 Practicum and Seminar 3 4.5
HMRS1410 Practicum and Seminar 4 4.5
22.5 hours

Alcohol & Drug Counseling Certificate Courses:
This certificate is for individuals who have already earned an associate degree or higher in the field of study or seek to earn their Alcohol & Drug Counseling License. Courses in this certificate program meet requirements for the education required for Alcohol & Drug License for the State of Nebraska.
- Course #
- Course title
- Credit hrs
- HMRS1102 Counseling Theories & Techniques 4.5
- PSYC1810 Introduction to Psychology 4.5
- PSYC2960 Life-span Human Development 4.5
- HMRS1357 Multicultural Counseling 4.5
- HMRS1402 Group Theory & Process 4.5
- HMRS1403 Assessment, Case Planning/Management & Professional Ethics for A & D 4.5
- HMRS2517 Medical & Psychosocial Aspects of Alcohol/Drug Use, Abuse & Addiction 4.5
- HMRS2518 Clinical Treatment Issues in Chemical Dependency 4.5

36.0 hours