

2018-2019

SOUTHEAST
COMMUNITY
COLLEGE
NEBRASKA

POLYSOMNOGRAPHIC TECHNOLOGY

ONLINE

Certificate

www.southeast.edu/PolysomnographicTech



Develop the skills of a sleep technologist! Become an expert at the process of gathering and interpreting data in order for the diagnosis and treatment of sleep disorders. Sleep technologists work under a licensed physician to assist with treatment for patients of all ages. After completing the program, a Certificate in Polysomnographic Technology is awarded, and the student is eligible to take the Registered Polysomnographic Technologist exam. This program is ideal for students who have already obtained an associate degree in a health-science related field of study and are looking for a career change.

Program Overview:

SCC's program is part-time and is comprised of nine credit hours per quarter. The program starts in July, is two quarters in length (or six months) and is offered online, with clinical rotations being completed at an approved sleep disorders center. Students will complete a comprehensive program in patient assessment, equipment calibration, data acquisition, diagnostic evaluation, therapeutic modalities and follow-up care of patients. Students are encouraged to select sleep disorders centers near their home to complete their clinical education. Students are required to complete 150 hours of clinical education.

A Certificate in Polysomnographic Technology is awarded upon completion of the program. Graduates of the program will be eligible to take the Registered Polysomnographic Technologist exam offered by the Board of Registered Polysomnographic Technologists.

Graduate Earnings

Recent graduates report an average starting wage of \$21.65 per hour.

The Polysomnographic Technology program is accredited by the Commission on Accreditation of Allied Health Education Programs (www.caahep.org) upon the recommendation of the Committee on Accreditation of Polysomnographic Technologist Education (CoAPSG): Commission on Accreditation of Allied Health Education Programs (CAAHEP); 25400 U.S. Highway 19 North, Suite 158; Clearwater, FL 33763; 727-210-2350; www.caahep.org (<http://www.caahep.org/>)



August 2019 will be the next start date. The program will run for two semesters, ending in May 2020.

For more information contact:

Kelly Cummins, Program Director
402-437-2780 or 800-642-4075, ext. 2780
kcummins@southeast.edu

or the College Admissions Office
Lincoln 402-437-2600, 800-642-4075, ext. 2600

Equal Opportunity/NonDiscrimination Policy - It is the policy of Southeast Community College to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of Southeast Community College's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th Street Place, Lincoln, NE 68510, 402-323-3412, FAX 402-323-3420, or jsoto@southeast.edu. This publication should not be considered a contract between SCC and any prospective student. SCC's Board of Governors reserves the right to make changes in this publication during the life of the publication and without notice. A0747 - POLY (05/18)



Types of jobs available:

The polysomnographic technologist performs a vital role in the diagnosis and treatment of sleep disorders. Already an integral part of clinical and research settings, some polysomnographic technologists work in management and marketing of sleep centers, product support and sales, public and patient education regarding sleep hygiene and relaxation counseling, with the goal of increasing public awareness about sleep disorders and shaping public policy. The field has shown significant growth due to increased public awareness of sleep disorders worldwide. Sleep technologists obtain certification through board examination, acquiring the credential of Registered Polysomnographic Technologist (RPSGT).

Polysomnographic technologists are the technical group specially trained to perform polysomnograms (PSG) for the diagnosis and treatment of sleep/arousal disorders. This includes the management of nasal positive airway pressure (nPAP) titration for obstructive sleep apnea syndrome (OSAS). These individuals function independently to safely operate sophisticated medical equipment to record sleep/wake physiology. They work under the direct supervision of a physician. The physician develops the protocols technologists follow in performing PSG studies, including utilization of PSG for nPAP titration.

Admission Requirements:

1. Application for admission to the Polysomnographic Technology program
2. High school or GED® transcripts.
3. College transcripts demonstrating they meet either the prerequisite courses OR have an Associate of Applied Science degree in any Allied Health Science program (see table below).

College transcripts showing the following prerequisite courses are completed.	OR	Associate of Applied Science degree (can be in any Allied Health Science degree)
<ul style="list-style-type: none"> • Written Communications • Computer Literacy • Social or Behavioral Sciences • Anatomy & Physiology • Medical Ethics and Law • Medical Terminology 		The following are offered at SCC: <ul style="list-style-type: none"> • Respiratory Care • Associate Degree Nursing • Medical Laboratory Technology • Paramedic • Physical Therapist Assistant • Radiologic Technology • Surgical Technology



Estimated Expenses

Nebraska Resident tuition/fee rate is \$69.50 per credit hour. Out-of-state tuition/fee rate is \$83.50 per credit hour. Graduation fee is \$25.

Housing is available at Beatrice and Milford campuses only. Tuition, books and fees are dependent upon classes taken each quarter.

Students should plan a budget that includes room, meals, clothing, laundry, medical care, recreation and entertainment, transportation, insurance, etc.

RESIDENT - FIRST QUARTER

Tuition And Fees	\$626
Books and Supplies	260
Special Fees (Criminal Background Check and Drug Screen)	85
Total	\$971

SECOND QUARTER

Tuition And Fees	\$660
Books and Supplies	175
Special Fees	5
Total	\$840

Total Estimate For Program \$1,811

(Communications Course is not included.)

DISTANCE POLYSOMNOGRAPHIC TECHNOLOGY

FIRST QUARTER

Tuition And Fees	\$752
Books and Supplies	260
Special Fees (Criminal Background Check and Drug Screen)	85
Total	\$1,097

SECOND QUARTER

Tuition And Fees	\$794
Books and Supplies	175
Special Fees	5
Total	\$974

Total Estimate For Program \$2,071

(Communications Course is not included.)

ADDITIONAL RELATED EXPENSES

Health Statement	\$55-250
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Polysomnographic Courses

Course #	Course title	Credit hrs
PSGT1000	Polysomnography 1	6.0
PSGT1010	Polysomnography 1 Lab	3.0
PSGT2000	Polysomnography 2	4.5
PSGT2030	Clinical Education	5.0

18.5 hours

General Education Requirements:

To earn a certificate, students are required to complete a 4.5 credit hour general education course. Credits may be transferred into SCC or taken here. See the General Education pages online for a complete list. Contact the Program Director for more information.

General Education Learning Outcomes (GELOs)

4.5 hours

Certificate Total: 23.0 credit hours

Special Program Requirements:

1. A current Basic Life Support (BLS) for the Health Care Provider (HCP) by the American Heart Association or CPR/AED for the Professional Rescuer or Health Care Provider by the American Red Cross is required.
2. Submit completed Health Statement to the Health Sciences Division (upon admission to program.)
3. A Criminal Background Check will be required of each student in this program. Based on the background check, a student may be prevented from taking certain courses, accessing certain laboratory experiences, or completing the program. A non-refundable fee of \$45 will be assessed for this CBC.
4. Misdemeanor or felony convictions may prevent a graduate from acquiring a state license.
5. A two-step skin test for tuberculosis and/or a chest X-ray are required. Flu immunization is required.
6. All POLY courses completed with a grade of 75% (C+) or higher to progress through the program.
7. Program offers Web-based courses but requires supervised clinicals/practicums/labs at identified locations.
8. Students admitted to a Health Sciences program at Southeast Community College requiring a clinical rotation at a contracted healthcare facility will submit to initial drug and alcohol testing prior to the first clinical rotation.
9. Demonstrate understanding of your state's laws for practicing Polysomnographic Technology by signing the State Law Recognition form.