



Associate of Applied Science Degree Certificate

Credit Hours Required for Graduation:
Associate of Applied Science Degree: ... 69-70.0
Certificate: 24.0



For more information contact:

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If studying human behavior and meeting human needs appeals to you, consider a career in Human Services. Our program is designed to prepare students for careers as human services professionals in agencies and institutions. This program includes concentration in mental health, developmental disabilities, alcohol and drug abuse, at-risk youth, and families. No matter what career you choose, this program will enhance your knowledge of those around you and enhance your desire to help others.

Program Overview

This degree can be used for seeking immediate employment in the Human Services field. Graduates can continue their education at four-year colleges and universities. Students can enter every semester and may be a full- or part-time student. Students may earn a certificate in Alcohol & Drug Counseling or an Associate of Applied Science degree in Human Services.

This program is located on the Lincoln Campus, though practicum placements for students are available in a variety of communities. Some courses are offered online.



We love having the SCC Human Services students at the People's City Mission. The practicum students help lead our guests through important life skills classes and support many on a one-on-one level. It is a great place to gain experience working in the human services field. We have hired many students through the SCC Human Services practicum/internships and are always impressed with their knowledge, vision and hearts for the people we serve at People's City Mission.

- Kyle Winchell,
Community Relations Director



Top Career Options

- Alcohol/drug Counselor
- Mental Health Technician
- Family Advocate
- Outreach Worker
- Peer Support



Graduate Earnings

Recent graduates report an average starting salary of \$13 per hour.

This program is accredited by the Council for Standards in Human Service Education, 3337 Duke Street, Alexandria, VA 22314, www.cshse.org.

2019-2020 Tuition/Fee Rate Per Credit Hour	
Nebraska Resident	\$108
Out-of-state tuition/fee rate	\$129

Estimated Expenses

Tuition/Fees	\$ 7560
Books	3800
Special Fees	492
Tools/Supplies	85

Total: \$11,852

For students interested in pursuing Alcohol & Drug (A & D) Counseling

A minimum of 300 practicum hours with a LADC counselor that include at least 10 hours in each of the 12 core competencies/functions.

Hours supervised at 1:10 ratio by supervisor.

HMRS1102, HMRS1357, PSYC2960, HMRS1402, HMRS1403, HMRS2517, and HMRS2518.

Special Program Requirements

A grade of "C" or higher is required for HMRS classes to graduate from this program.

Students must complete a health statement before acceptance into Practicum Education (HMRS1120) Any cost associated with this will be the student's expense.

A Criminal Background Check will be required of each student in this program. Based on the outcome of the background check, a student may be prevented from taking certain courses, accessing certain practicum experiences, or completing the program. A non-refundable fee of \$45 will be assessed for the CBC when the student enrolls in HMRS 1120 Practicum Education, which is when the CBC is conducted. The criminal background check includes a child and adult abuse registry check with the State Department of Health and Human Services and the National Sex Offender Public Registry.

Students may be requested by practicum sites to submit to and pass drug testing and/or fingerprinting. The student may be responsible for the cost associated with the drug testing and/or fingerprinting.

Human Services Core Courses

Course #	Course title	Credit hrs
HMRS1100	Communication Skills in Human Services	3.0
HMRS1101	Human Services Concepts	3.0
HMRS1105	Critical Thinking in Human Services	3.0
HMRS1320	Multicultural Competency	3.0
+HMRS1357	Multicultural Counseling	3.0
+HMRS1402	Group Theory & Process	3.0
+HMRS1403	Assessment, Case Planning/Management & Professional Ethics for A & D or	
HMRS1405	Case Management & Ethics for Human Services	3.0
+PSYC2960	Lifespan Human Development	3.0
PSYC2980	Abnormal Psychology	3.0
		27.0 hours

+Required for state Alcohol and Drug Counseling licensure.

Human Services Courses

(Select 4 courses from the following: 12.0 credits)

Course #	Course title	Credit hrs
+HMRS1102	Counseling Theories & Techniques	3.0
HMRS1202	Behavior Therapy	3.0
HMRS1302	Crisis Intervention	3.0
HMRS1355	Stress Management & Self Care in Human Services	3.0
HMRS1404	Introduction to Social Work	3.0
HMRS2360	Gender and Society	3.0
HMRS2361	Domestic Abuse	3.0
HMRS2362	Child Abuse	3.0
HMRS2366	Mental Health & Family Dynamics	3.0
HMRS2503	Intellectual and Developmental Disabilities	3.0
+HMRS2517	Medical & Psychosocial Aspects of Alcohol/Drug Use, Abuse & Addiction	3.0
+HMRS2518	Clinical Treatment Issues in Chemical Dependency	3.0
HMRS2521	Applied Behavior Analysis	3.0
HMRS2523	Human Sexuality	3.0
LTCA1080	Gerontology	3.0
LTCA1020	Death, Dying, Grieving and Loss	3.0
		12.0 hours

++ Required for students specializing in Alcohol and Drug Counseling licensure.



General Education Requirements

Contact your program advisor to select general education courses from each category which will meet your program's graduation requirements. See the General Education pages for a complete list.

(One class from each area below).

GELO #1: Oral Communications	3.0
GELO #2: Written Communications	3.0
ENGL1010: English Composition	
GELO #3: Critical Thinking and Problem Solving	3.0
PSYC1810: Introduction to Psychology	
(Plus two classes from the four areas below; no two classes from the same area).	
Mathematics, Science, Humanities, Computer Technology	6.0
GELO #3: Critical Thinking and Problem Solving	
GELO #4: Global Awareness and Citizenship	
GELO #5: Analytical, Quantitative, and Scientific Reasoning	
GELO #6: Career and Life Skills	

15.0 hours

Human Services Practicum Courses

Course #	Course title	Credit hrs
HMRS1120	Practicum Education	3.0
HMRS1112	Practicum 2	3.0
HMRS1113	Practicum 3	3.0
HMRS1114	Practicum 4	3.0
HMRS1122	Seminar 2	1.0
HMRS1133	Seminar 3	1.0
HMRS1144	Seminar 4	1.0
		15.0 hours

Alcohol & Drug Practicum Courses

HMRS1120	Practicum Education	3.0
HMRS1112	Practicum 2	3.0
HMRS1115	A & D Practicum 3	3.5
HMRS1116	A & D Practicum 4	3.5
HMRS1122	Seminar 2	1.0
HMRS1133	Seminar 3	1.0
HMRS1144	Seminar 4	1.0
		16.0 hours

*Please note: Students need to obtain First Aid, CPR and TB before progressing to advanced Practicums. Any cost associated with this will be the student's expense.

Alcohol & Drug Counseling Certificate Courses

This certificate is for individuals who have already earned an associate degree or higher in the field of study or seek to earn their Alcohol & Drug Counseling License. Courses in this certificate program meet requirements for the education required for Alcohol & Drug License for the state of Nebraska.

Course #	Course title	Credit hrs
HMRS1102	Counseling Theories & Techniques	3.0
PSYC1810	Introduction to Psychology	3.0
PSYC2960	Life-span Human Development	3.0
HMRS1357	Multicultural Counseling	3.0
HMRS1402	Group Theory & Process	3.0
HMRS1403	Assessment, Case Planning/Management & Professional Ethics for A & D	3.0
HMRS2517	Medical & Psychosocial Aspects of Alcohol/Drug Use, Abuse and Addiction	3.0
HMRS2518	Clinical Treatment Issues in Chemical Dependency	3.0
		24.0 hours

