



*Develop the skills of a sleep technologist! Become an expert at the process of gathering and interpreting data in order for the diagnosis and treatment of sleep disorders.*

## Program Overview

This program is ideal for students who have already obtained an associate degree in a health-science related field of study and are looking for a career change. The program is part-time comprised of 6 credit hours per term, two semesters in length (9 months). This is an online program with clinical rotations being completed at an approved sleep disorders center. Students will learn the skills needed to perform diagnostic and therapeutic sleep tests, data processing and patient education.

Polysomnographic technologists (sleep technologists) are the technical group specially trained to perform a variety of sleep tests used in the diagnosis and treatment of sleep disorders. Under the direction of a sleep specialty physician, the sleep technologist independently records and processes sleep/wake data, as well as coordinates prescribed therapies. Educating patients, family and community members on healthy sleep practices also is an integral part of the profession.

Graduates of the program are eligible to take the internationally recognized credentialing exam offered by the Board of Registered Polysomnographic Technologists. The Registered Polysomnographic Technologist exam is the gold standard used to identify sleep technologist competency, awarding the RPSGT credential.

Southeast Community College is a State Authorization Reciprocity Agreement Institution. At the time of printing, only students residing in California and Northern Mariana Islands are unable to enroll.



### Certificate

Credit Hours Required for Graduation:  
Certificate: ..... 12.0



#### For more information contact:

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or the College Admissions Office  
Lincoln 402-437-2600, 800-642-4075, ext. 2600

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### Top Career Options

- Polysomnographic Technologist
- Sleep Technologist
- Sleep Technician
- Sleep Trainee



### Graduate Earnings

Recent graduates report an average starting wage of \$23.10 per hour.

The Polysomnographic Technology program is accredited by the Commission on Accreditation of Allied Health Education Programs ([www.caahep.org](http://www.caahep.org)) upon the recommendation of the Committee on Accreditation of Polysomnographic Technologist Education (CoAPSG); Commission on Accreditation of Allied Health Education Programs (CAAHEP); 25400 U.S. Highway 19 North, Suite 158; Clearwater, FL 33763; 727-210-2350; [www.caahep.org/](http://www.caahep.org/)

2019-2020 Tuition/Fee Rate Per Credit Hour	
Nebraska Resident	\$108
Out-of-state tuition/fee rate	\$129
Estimated Expenses	
Tuition/Fees	\$1296
Books	500
Special Fees	170
Tools/Supplies	0
<b>Total: \$1,966</b>	

## Professional Growth

The skills developed while working as a sleep technologist can be used across a variety of other medical professions. Sleep technology can be an entry-level position for those interested in the medical field, as well as being an easy transition for medical professionals looking for a career change. Completion of the Polysomnographic Technology program prepares students for work as:

- Polysomnographic (Sleep) Technicians
- Sleep Technologists
- Sleep Trainees

The sleep profession continues to grow and develop advanced credentialing. The Certificate in Clinical Sleep Health (CCSH) is an advanced credential offered by the BRPT for those looking for career advancement as a sleep technologist.

## Admission Requirements

1. Application for admission to the Polysomnographic Technology program
2. High School or GED® transcripts.
3. College transcripts demonstrating they meet either the required courses OR an Associate of Applied Science in any Allied Health Science program (see below).

**The following required courses must be completed.**

**OR Associate of Applied Science can be in any Allied Health Science degree**  
**\*The following are offered at SCC.**

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| <ul style="list-style-type: none"> <li>• Written Communication or Oral Communication</li> <li>• Computer Literacy</li> <li>• Social or Behavioral Sciences</li> <li>• Anatomy &amp; Physiology</li> <li>• Medical Ethics and Law</li> <li>• Medical Terminology</li> </ul> | <ul style="list-style-type: none"> <li>*Respiratory Care</li> <li>*Associate Degree Nursing</li> <li>*Medical Laboratory Technology</li> <li>*Paramedic</li> <li>*Physical Therapist Assistant</li> <li>*Radiologic Technology</li> <li>*Surgical Technology</li> </ul> |
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## General Education Requirements

Students must take or transfer one course which meets SCC's General Education Learning Outcomes in order to graduate.

## Polysomnographic Courses

Course #	Course title	Credit hrs
PSGT1000	Polysomnography 1	4.0
PSGT1010	Polysomnography 1 Lab	2.0
PSGT2000	Polysomnography 2	3.0
PSGT2030	Clinical Education	3.0
		12.0 hours

## Special Program Requirements

1. A current Basic Life Support (BLS) for the Health Care Provider (HCP) by American Heart Association or CPR/AED for the Professional Rescuer or Health Care Provider by American Red Cross is required.
2. Submit completed Health Statement to the Health Sciences Division (upon admission to program.)
3. A Criminal Background Check will be required of each student in this program. Based on the background check, a student may be prevented from taking certain courses, accessing certain laboratory experiences, or completing the program. A non-refundable fee of \$45 will be assessed for this CBC.
4. Misdemeanor or felony convictions may prevent a graduate from acquiring a state license.
5. A two-step skin test for tuberculosis and/or a chest X-ray are required. Flu immunization is required.
6. All PSGT courses completed with a grade of 75% (C+) or higher to progress through the program.
7. Program offers Web-based (online) courses but requires supervised clinicals/practicums/labs at identified locations.
8. Students admitted to a Health Sciences program at Southeast Community College requiring a clinical rotation at a contracted healthcare facility will submit to initial drug and alcohol testing prior to the first clinical rotation.
9. Demonstrate understanding of your state's laws for practicing Polysomnographic Technology by signing the State Law Recognition form.

