



# HUMAN SERVICES

Associate of Applied Science Degree  
Certificate

[www.southeast.edu/HumanServices](http://www.southeast.edu/HumanServices)

LINCOLN CAMPUS  
(SOME COURSES ONLINE)



*If studying human behavior appeals to you, consider a career in Human Services. Our program is designed to prepare students for direct service in Human Services agencies and institutions. This program includes concentration in mental health, developmental disabilities, alcohol and drug abuse, at-risk youth, and families. No matter what career you choose, this course of study will enhance your knowledge of those around you.*



## Types of jobs available:

- Alcohol/Drug Counselor
- Behavior Intervention Specialist
- Case Manager
- Day Service Specialist
- Direct Support Professional
- Family Support Worker
- Front Line Supervisor
- Home Visitor
- Mental Health Technician
- Residential Tech
- Teacher's Assistant
- Therapeutic Mentor
- Tracker

This program is accredited by the Council for Standards in Human Service Education, 3337 Duke Street, Alexandria, VA 22314, [www.cshse.org](http://www.cshse.org).

## Graduate Earnings

Recent graduates report an average starting wage of \$11.60 per hour.

## For more information contact:

Cinda Konken, Program Chair  
402-437-2746, 800-642-4075 ext. 2746  
[ckonken@southeast.edu](mailto:ckonken@southeast.edu)

or the College Admissions Office  
Lincoln 402-437-2600, 800-642-4075 ext. 2600

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*"We love having the SCC Human Services students volunteer and lead at People's City Mission. The practicum students help lead our guests through important life skills classes and support many on a one-on-one level. It is a great place to gain experience working in the human service field. We have hired many students through the SCC Human Service practicum/internships and are always impressed with their knowledge, vision and hearts for the people we serve at People's City Mission."*

- Kyle Winchell, Community Relations Director

## Human Services Core Courses:

Course #	Course title	Credit hrs
HMRS1100	Communication Skills in Human Services	4.5
HMRS1101	Human Services Concepts	4.5
HMRS1105	Critical Thinking in Human Services	4.5
HMRS1320	Multicultural Competency	4.5
+HMRS1357	Multicultural Counseling	4.5
+HMRS1402	Group Theory & Process	4.5
+HMRS1403	Assessment, Case Planning/Management & Professional Ethics for A & D or	
HMRS1405	Case Management & Ethics for Human Services	4.5
+PSYC2960	Life-span Human Development	4.5
PSYC2980	Abnormal Psychology	4.5
		40.5 hours

+Required for state Alcohol and Drug Abuse licensure.

## Human Services Courses:

(Select 4 courses from the following: 18.0 credits)

Course #	Course title	Credit hrs
+HMRS1102	Counseling Theories & Techniques	4.5
HMRS1202	Behavior Therapy	4.5
HMRS1302	Crisis Intervention	4.5
HMRS1355	Stress Management & Self Care in Human Services	4.5
HMRS1404	Introduction to Social Work	4.5
HMRS2360	Gender and Society	4.5
HMRS2361	Domestic Abuse	4.5
HMRS2362	Child Abuse	4.5
HMRS2363	Death, Dying, Grieving, & Loss	4.5
HMRS2366	Mental Health & Family Dynamics	4.5
HMRS2503	Intellectual and Developmental Disabilities	4.5
HMRS2510	Practicum and Seminar 5	4.5
++HMRS2511	Practicum A & D and Seminar 3	5.0
+HMRS2517	Medical & Psychosocial Aspects of Alcohol/Drug Use, Abuse & Addiction	4.5
+HMRS2518	Clinical Treatment Issues in Chemical Dependency	4.5
HMRS2521	Applied Behavior Analysis	4.5
HMRS2523	Human Sexuality	4.5
HMRS2610	Practicum and Seminar 6	4.5
++HMRS2611	Practicum A & D and Seminar 4	5.0
		18.0 hours

++ Required for students specializing in Alcohol and Drug Abuse counseling

## Electives:

Students are required to complete 9 hours of elective coursework. Students may choose from any of the Human Services Courses not used as part of the 18.0 credits listed above or any other College credit classes level 1000 or higher. 9.0 hours

## General Education Requirements:

Contact your program advisor to select general education courses from each category which will meet your program's graduation requirements. See the General Education pages online for a complete list.

(One class from each area below).

Oral Communications	4.5
Written Communications	4.5
ENGL1010 English Composition I (no substitution)	
Social Science	4.5
PSYC1810 Introduction to Psychology (no substitution)	
(Plus two classes from the four areas below; no two classes from the same area).	
Mathematics, Science, Humanities, Computer Technology	9.0
22.5 hours	

## Human Services Practicum Courses:

Course #	Course title	Credit hrs
HMRS1109	Pre-Practicum Education	4.5
HMRS1110*	Practicum and Seminar 1	4.5
HMRS1210	Practicum and Seminar 2	4.5
HMRS1310	Practicum and Seminar 3	4.5
HMRS1410	Practicum and Seminar 4	4.5
		22.5 hours

## Alcohol & Drug Practicum Courses:

HMRS1109	Pre-Practicum Education	4.5
HMRS1110*	Practicum and Seminar 1	4.5
HMRS1210	Practicum and Seminar 2	4.5
HMRS1311	Practicum A & D and Seminar 1	5.0
HMRS1411	Practicum A & D and Seminar 2	5.0
		23.5 hours

\*Please note: Students need to obtain a First Aid and CPR card before progressing into HMRS1110 Practicum and Seminar 1.

## Alcohol & Drug Certificate Courses:

Course #	Course title	Credit hrs
HMRS1102	Counseling Theories & Techniques	4.5
PSYC1810	Introduction to Psychology	4.5
PSYC2960	Life-span Human Development	4.5
HMRS1357	Multicultural Counseling	4.5
HMRS1402	Group Theory & Process	4.5
HMRS1403	Assessment, Case Planning/Management & Professional Ethics for A & D	4.5
HMRS2517	Medical & Psychosocial Aspects of Alcohol/Drug Use, Abuse and Addiction	4.5
HMRS2518	Clinical Treatment Issues in Chemical Dependency	4.5
		36.0 hours

## For students interested in pursuing Alcohol & Drug (A & D) Counseling:

- A minimum of 300 practicum hours with a LADC counselor that include at least 10 hours in each of the 12 core competencies/functions.
- Hours supervised at 1:10 ratio by supervisor.
- HMRS1102, HMRS1357, PSYC2960, HMRS1402, HMRS1403, HMRS2517, and HMRS2518.

## Special Program Requirements:

1. Students must complete a health statement before acceptance into Pre-Practicum HMRS1109.
2. A Criminal Background Check will be required of each student in this program. Based on the outcome of the background check, a student may be prevented from taking certain courses, accessing certain practicum experiences, or completing the program. A non-refundable fee of \$45 will be assessed for the CBC when the student enrolls in HMRS 1109 Pre-Practicum Education, which is when the CBC is conducted.
3. The criminal background check includes a child and adult abuse registry check with the State Department of Health and Human Services and the National Sex Offender Public Registry.
4. Students may be requested by practicum sites to submit to and pass drug testing and/or fingerprinting. The student may be responsible for the cost associated with the drug testing and/or fingerprinting.
5. A grade of "C" or higher is required for HMRS classes.

Estimated Expenses		FIFTH QUARTER	
To determine overall costs, students should plan a budget that includes room, meals, clothing, laundry, medical care, recreation and entertainment, transportation, insurance, etc.		Special Fee	10
Nebraska Resident tuition rate is \$61.50 per credit hour. Out-of-state tuition rate is \$75.50 per credit hour.		<b>Total</b>	<b>\$1,261</b>
Student fee is \$1.50 per credit hour. Graduation fee is \$25.		<b>SIXTH QUARTER</b>	
Housing is available at Beatrice and Milford campuses only. Quarterly tuition, books and fees are dependent upon classes taken.		Special Fee	10
<b>FIRST-SEVENTH QUARTERS</b>		<b>Total</b>	<b>\$1,261</b>
Tuition And Fees	\$851	<b>SEVENTH QUARTER</b>	
Books	400	Special Fee	10
<b>Total</b>	<b>\$1,251</b>	<b>Total</b>	<b>\$1,261</b>
<b>SECOND QUARTER</b>		<b>EIGHTH QUARTER</b>	
First Aid	55	Tuition And Fees	\$1,166
<b>Total</b>	<b>\$1,306</b>	Books	300
<b>THIRD QUARTER</b>		Special Fee	10
Special Fee	12	<b>Total</b>	<b>\$1,476</b>
<b>Total</b>	<b>\$1,263</b>	<b>Total Estimate For Program \$10,340</b>	
<b>FOURTH QUARTER</b>		Additional Related Expenses	
Special Fee	10	• Student Health Statement \$100-\$300	
<b>Total</b>	<b>\$1,261</b>	• Criminal Background Check (HMRS1109)	\$45
		• Uniform Fee* (2 Shirts)	\$30
		* Assessed With Course HMRS1109	
		<b>ALCOHOL &amp; DRUG CERTIFICATE</b>	
		(36 credit hours)	
		Tuition And Fees	\$2,268
		Books	1,000
		<b>Total</b>	<b>\$3,268</b>