



POLYSOMNOGRAPHIC TECHNOLOGY

ONLINE

Certificate

www.southeast.edu/PolysomnographicTech



Develop the skills of a sleep technologist! You will become an expert at the process of gathering and interpreting data in order for the diagnosis and treatment of sleep disorders. Sleep technologists work under a licensed physician to assist with treatment for patients of all ages. After completing the program, a Certificate in Polysomnographic Technology is awarded, and the student is eligible to take the Registered Polysomnographic Technologist exam. This program is for students who have obtained a minimum of an associate degree in a health-science related field of study.

Program overview:

This is a part-time program in which students take nine credit hours per quarter. The program is two quarters in length (or six months) and is offered online with clinical rotations being completed in an approved sleep disorders center. Students are required to complete 150 contact hours of clinical education.

Students will complete a comprehensive program in patient assessment, equipment calibration, data acquisition, diagnostic evaluation, therapeutic modalities and follow-up care of patients.

Students are encouraged to select sleep disorders centers near their home to complete their clinical education. Approval of sleep disorders centers is at the discretion of the faculty and determined on an individual basis.



The Polysomnographic Technology program is accredited by the Commission on Accreditation of Allied Health Education Programs (www.caahep.org) upon the recommendation of the CoAPSG. Commission on Accreditation of Allied Health Education Programs, 25400 U.S. Highway 19 North, Suite 158, Clearwater, FL 33763, 727-210-2350, www.caahep.org.

Graduate Earnings

Recent graduates report an average starting wage of \$21.65 per hour.

For more information contact:

Kelly Cummins, Program Director
402-437-2780 or 800-642-4075, ext. 2780
kcummins@southeast.edu

or the College Admissions Office
Lincoln 402-437-2600, 800-642-4075, ext. 2600

or Michele Saucier, Pre-health Advisor
402-437-2688, 800-642-4075, ext. 2688
msaucier@southeast.edu



Equal Opportunity/NonDiscrimination Policy - It is the policy of Southeast Community College to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of Southeast Community College's policies on equal opportunity and nondiscrimination should be directed to the Vice President for Access/Equity/Diversity, SCC Area Office, 301 S. 68th Street Place, Lincoln, NE 68510, 402-323-3412, FAX 402-323-3420, or jsoto@southeast.edu. This publication should not be considered a contract between SCC and any prospective student. SCC's Board of Governors reserves the right to make changes in this publication during the life of the publication and without notice. A0744 - POLY (05/16)

Types of jobs available:

Polysomnographic technologists are allied health professionals who work under the supervision of a licensed sleep physician to assist in the education, evaluation, treatment, and chronic care management of patients with sleep disorders. They are experts at acquiring reliable and accurate sleep and wakefulness data, which sleep physicians use to make a diagnosis and develop treatment plans. Sleep technologists also are experts at fitting, titrating and troubleshooting PAP devices which are used to eliminate sleep disordered breathing and improve quality of life. Sleep technologist duties fall under six general categories: instrumentation, performance of polysomnography, professional education, patient care and education, communication, and additional tasks.

Sleep technologists often start their careers in respiratory care or neurodiagnostics, as they share similar skill sets. Typically, entry into the profession requires an associate degree and/or certification as a polysomnographic technologist, followed by passing the RPSGT examination provided by the Board of Registered Polysomnographic Technologists (BRPT). Registered Polysomnographic Technologists (RPSGTs) find employment in a variety of settings, including hospitals, free-standing, traveling, and research sleep centers and physician's clinics for both adults and pediatrics. RPSGTs fill additional roles in management, marketing specialists, product support, sales, and patient education/coaching.



Estimated Expenses

To determine overall costs, students should plan a budget that includes room, meals, clothing, laundry, medical care, recreation and entertainment, transportation, insurance, etc.

Nebraska Resident tuition rate is \$61.50 per credit hour. Out-of-state tuition rate is \$75.50 per credit hour.

Student fee is \$1.50 per credit hour. Graduation fee is \$25.

Housing is available at Beatrice and Milford campuses only. Quarterly tuition, books and fees are dependent upon classes taken.

FIRST QUARTER

Tuition And Fees	\$567
Books and Supplies	450
Special Fees	85
Total	\$1,102

SECOND QUARTER

Tuition And Fees	\$567
Books and Supplies	50
Special Fees	5
Total	\$622

Total Estimate For Program \$1,724

(Communications Course is not included.)

DISTANCE POLYSOMNOGRAPHIC TECHNOLOGY

FIRST QUARTER

Tuition And Fees	\$693
Books and Supplies	450
Special Fees	85
Total	\$1,228

SECOND QUARTER

Tuition And Fees	\$693
Books and Supplies	50
Special Fees	5
Total	\$748

Total Estimate For Program \$1,976

(Communications Course is not included.)

ADDITIONAL RELATED EXPENSES

Health Statement	\$55
AAST Student Membership	\$25

Admission Requirements:

1. Application to the program
2. Completion of all program prerequisite course with required grade-point average.
3. Submit transcripts demonstrating graduation from an Associate Degree program in an Allied Health program.
4. Transcripts from high school, GED® or other colleges (if applicable)

Polysomnographic Courses

Course #	Course title	Credit hrs
PSGT1000	Polysomnography 1	2.0
PSGT1010	Polysomnography 1 Lab	3.0
PSGT1020	Fundamentals of Polysomnography	4.0
PSGT2000	Polysomnography 2	2.0
PSGT2010	Polysomnography 2 Lab	1.0
PSGT2020	Seminar Review	1.0
PSGT2030	Clinical Education	5.0
		18.0 hours

General Education Requirements:

See the General Education pages for a complete list.

Written Communications or Oral Communications	4.5 hours
--	-----------

Students may (submit a transcript to see if they can) receive credit by transfer for a written or oral communications requirement. If the student credit will not transfer, the student is required to take the General Education course.

Special Program Requirements:

1. Minimum cumulative GPA of 2.5.
2. A current American Heart Association Healthcare Provider CPR card.
3. Submit completed Health Statement to the Health Sciences Division (upon admission to program.)
4. A criminal background check will be required of each student in this program. Based on the background check, a student may be prevented from taking certain courses, accessing certain laboratory experiences, or completing the program. A non-refundable fee of \$45 will be assessed for this CBC.
5. Misdemeanor or felony convictions may prevent a graduate from acquiring a state license.
6. A two-step skin test for tuberculosis and/or a chest X-ray are required. Flu immunization is required.
7. All POLY courses completed with a grade of 75% (C+) or higher to progress through the program.
8. Program offers Web-based courses but requires supervised clinicals/practicums/labs at identified locations.
9. Students admitted to a Health Sciences program at Southeast Community College that requires a clinical rotation at a contracted healthcare facility will be required to submit to an initial drug and alcohol testing prior to the first clinical rotation.