



# POLYSOMNOGRAPHIC TECHNOLOGY

ONLINE

Certificate

[www.southeast.edu/PolysomnographicTech](http://www.southeast.edu/PolysomnographicTech)



*Develop the skills of a sleep technologist! Become an expert at the process of gathering and interpreting data in order for the diagnosis and treatment of sleep disorders. Sleep technologists work under a licensed physician to assist with treatment for patients of all ages. After completing the program, a Certificate in Polysomnographic Technology is awarded, and the student is eligible to take the Registered Polysomnographic Technologist exam. This program is ideal for students who have already obtained an associate degree in a health-science related field of study and are looking for a career change.*

## Program overview:

SCC's program is part-time and is comprised of nine credit hours per quarter. The program is two quarters in length (or six months) and is offered online, with clinical rotations being completed at an approved sleep disorders center. Students will complete a comprehensive program in patient assessment, equipment calibration, data acquisition, diagnostic evaluation, therapeutic modalities and follow-up care of patients. Students are encouraged to select sleep disorders centers near their home to complete their clinical education. Students are required to complete 150 hours of clinical education.

A Certificate in Polysomnographic Technology is awarded upon completion of the program. Graduates of the program will be eligible to take the Registered Polysomnographic Technologist exam offered by the Board of Registered Polysomnographic Technologists.



The Polysomnographic Technology program is accredited by the Commission on Accreditation of Allied Health Education Programs ([www.caahep.org](http://www.caahep.org)) upon the recommendation of the Committee on Accreditation of Polysomnographic Technologist Education (CoAPSG); Commission on Accreditation of Allied Health Education Programs (CAAHEP); 25400 U.S. Highway 19 North, Suite 158; Clearwater, FL 33763; 727-210-2350; [www.caahep.org](http://www.caahep.org) (<http://www.caahep.org/>)

## Graduate Earnings

Recent graduates report an average starting wage of \$21.65 per hour.

### For more information contact:

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[kcummins@southeast.edu](mailto:kcummins@southeast.edu)

or the College Admissions Office  
Lincoln 402-437-2600, 800-642-4075, ext. 2600



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## Types of jobs available:

The polysomnographic technologist performs a vital role in the diagnosis and treatment of sleep disorders. Already an integral part of clinical and research settings, some polysomnographic technologists work in management and marketing of sleep centers, product support and sales, public and patient education regarding sleep hygiene and relaxation counseling, with the goal of increasing public awareness about sleep disorders and shaping public policy. The field has shown significant growth due to increased public awareness of sleep disorders worldwide. Sleep technologists obtain certification through board examination, acquiring the credential of Registered Polysomnographic Technologist (RPSGT).

Polysomnographic technologists are the technical group specially trained to perform polysomnograms (PSG) for the diagnosis and treatment of sleep/arousal disorders. This includes the management of nasal positive airway pressure (nPAP) titration for obstructive sleep apnea syndrome (OSAS). These individuals function independently to safely operate sophisticated medical equipment to record sleep/wake physiology. They work under the direct supervision of a physician. The physician develops the protocols technologists follow in performing PSG studies, including utilization of PSG for nPAP titration.

## Admission Requirements:

1. Application for admission to the Polysomnography Technology program
2. High School or GED® transcripts.
3. College transcripts demonstrating they meet either the pre-requisite courses OR an Associate of Applied Science degree in any Allied Health Science program (see below).

The following prerequisite courses must be completed. **OR** Associate of Applied Science (can be in any Allied Health Science degree)

- Written Communications
  - Computer Literacy
  - Social or Behavioral Sciences
  - Anatomy & Physiology
  - Medical Ethics and Law
  - Medical Terminology
- \*The following are offered at SCC.
  - \*Respiratory Care
  - \*Associate Degree Nursing
  - \*Medical Laboratory Technology
  - \*Paramedic
  - \*Physical Therapist Assistant
  - \*Radiologic Technology
  - \*Surgical Technology



### Estimated Expenses

To determine overall costs, students should plan a budget that includes room, meals, clothing, laundry, medical care, recreation and entertainment, transportation, insurance, etc.

Nebraska Resident tuition rate is \$65.50 per credit hour. Out-of-state tuition rate is \$79.50 per credit hour.

Student fee is \$2 per credit hour. Graduation fee is \$25.

Housing is available at Beatrice and Milford campuses only. Quarterly tuition, books and fees are dependent upon classes taken.

#### FIRST QUARTER

Tuition And Fees	\$608
Books and Supplies	450
Special Fees	85
<b>Total</b>	<b>\$1,143</b>

#### SECOND QUARTER

Tuition And Fees	\$608
Books and Supplies	50
Special Fees	5
<b>Total</b>	<b>\$663</b>

**Total Estimate For Program \$1,806**

(Communications Course is not included.)

#### DISTANCE POLYSOMNOGRAPHIC TECHNOLOGY

##### FIRST QUARTER

Tuition And Fees	\$734
Books and Supplies	450
Special Fees	85
<b>Total</b>	<b>\$1,269</b>

##### SECOND QUARTER

Tuition And Fees	\$734
Books and Supplies	50
Special Fees	5
<b>Total</b>	<b>\$789</b>

**Total Estimate For Program \$2,058**

(Communications Course is not included.)

#### ADDITIONAL RELATED EXPENSES

Health Statement	\$55
AAST Student Membership	\$25

## Polysomnographic Courses

Course #	Course title	Credit hrs
PSGT1000	Polysomnography 1	2.0
PSGT1010	Polysomnography 1 Lab	3.0
PSGT1020	Fundamentals of Polysomnography	4.0
PSGT2000	Polysomnography 2	2.0
PSGT2010	Polysomnography 2 Lab	1.0
PSGT2020	Seminar Review	1.0
PSGT2030	Clinical Education	5.0
		18.0 hours

## General Education Requirements:

See the General Education pages for a complete list.

Written Communications **or** Oral Communications 4.5 hours

Students may (submit a transcript to see if they can) receive credit by transfer for a written or oral communications requirement. If the student credit will not transfer, the student is required to take the General Education course.

## Special Program Requirements:

1. A current Basic Life Support (BLS) for the Health Care Provider (HCP) by American Heart Association or CPR/AED for the Professional Rescuer or Health Care Provider by American Red Cross is required.
2. Submit completed Health Statement to the Health Sciences Division (upon admission to program.)
3. A Criminal Background Check will be required of each student in this program. Based on the background check, a student may be prevented from taking certain courses, accessing certain laboratory experiences, or completing the program. A non-refundable fee of \$45 will be assessed for this CBC.
4. Misdemeanor or felony convictions may prevent a graduate from acquiring a state license.
5. A two-step skin test for tuberculosis and/or a chest X-ray are required. Flu immunization is required.
6. All POLY courses completed with a grade of 75% (C+) or higher to progress through the program.
7. Program offers Web-based courses but requires supervised clinicals/practicums/labs at identified locations.
8. Students admitted to a Health Sciences program at Southeast Community College requiring a clinical rotation at a contracted health care facility will submit to initial drug and alcohol testing prior to the first clinical rotation.