

GOT GRIT?

GRIT = BOUNCE BACK

We are not born with grit...Grit is built!

Unfortunately, the only way to build it is to work through challenges.

“YOU WILL FAIL. ESPECIALLY IN THE BEGINNING. AND THAT’S NOT JUST OK, IT’S ESSENTIAL. WITHOUT RESILIENCE THE FIRST FAILURE IS ALSO THE LAST – BECAUSE IT’S FINAL. THOSE WHO ARE EXCELLENT AT THEIR WORK HAVE LEARNED TO COMFORTABLY COEXIST WITH FAILURE. THE EXCELLENT FAIL MORE OFTEN THAN THE MEDIOCRE. THEY BEGIN MORE. THEY ATTEMPT MORE. THEY ATTACK MORE. MASTERY LIVES QUIETLY ATOP A MOUNTAIN OF MISTAKES.”

-ERIC GREITENS

TIPS:

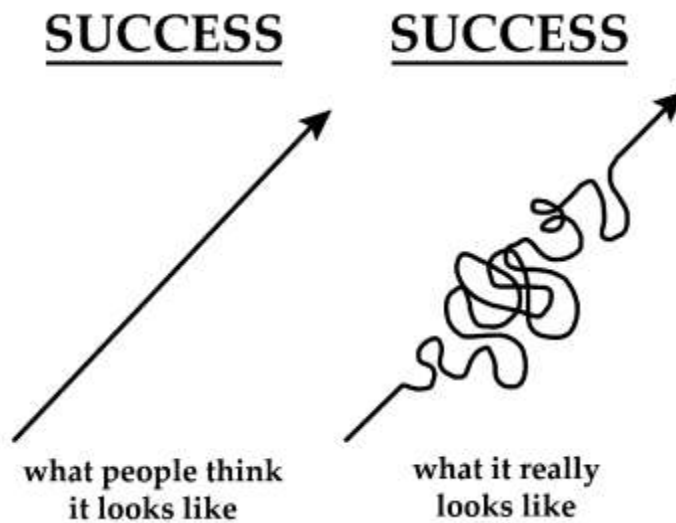
*EXPECT SOME HARDSHIPS. COLLEGE WILL INVOLVE SIGNIFICANT CHANGE AND A FAIR AMOUNT OF STRUGGLE.

*DON'T LOOK FOR PERFECTION; LOOK FOR BETTER!

*TAKE RESPONSIBILITY FOR YOUR OWN LIFE.

*WORRY PRODUCTIVELY.

*VISUALIZE SUCCESS.



Walt Disney was fired from the Kansas City Star because his editor felt he “lacked imagination and had no good ideas.”

Steven Spielberg was rejected by the University of Southern California School of Cinematic Arts multiple times.

Oprah Winfrey was publicly fired from her first television job as an anchor in Baltimore for getting “too emotionally invested in her stories.”

Thomas Edison’s teachers told him he was “too stupid to learn anything.”

As a child, Albert Einstein had some difficulty communicating and learning in a traditional manner.

J.K. Rowling was a single mom living off welfare when she began writing the first “Harry Potter” novel.

Theodor Seuss Geisel, better known as Dr. Seuss, had his first book rejected by 27 different publishers.

They didn’t give up...neither should you!

